

$$Q_{rad} = \frac{\text{Re}[x]}{2 \text{Im}[x]} = \frac{n_1^2 (n_1^2 - n_2^2)^{1/2} \text{Re}[x]}{2n_2^2 \exp[-2T]} \quad (\text{A3})$$

where x is the size parameter $x = 2\pi R/\lambda$. T is a variable that depends on x weakly; the radiative quality factor Q_{rad} therefore scales linearly with the size parameter:

$$Q_{rad} \propto x \quad (\text{A4})$$

To match the lasing modes observed experimentally with theoretical WGM values, we derived the asymptotic solutions for mode order p and mode number m following [29]:

$$\lambda^{-1}(R, n_1, n_r, p, m) = \frac{1}{2\pi R n_1} \left[m + \frac{1}{2} + 2^{-1/3} \alpha(p) \left(m + \frac{1}{2}\right)^{1/3} - \frac{L}{(n_r^2 - 1)^{1/2}} + \frac{3}{10} 2^{-2/3} \alpha^2(p) \left(m + \frac{1}{2}\right)^{-1/3} - 2^{-1/3} L \left(n_r^2 - \frac{2}{3} L^2\right) \frac{\alpha(p) \left(m + \frac{1}{2}\right)^{-2/3}}{(n_r^2 - 1)^{3/2}} \right] \quad (\text{A5})$$

where $n_r = n_1/n_2$, $L = n_r^{-1}$ for TM modes, and $L = n_r$ for TE modes. $\alpha(p)$ are the roots of the Airy function.

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