Using “Click-e-Bricks” to Make 3D Elastomeric Structures

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Structures composed largely of elastomeric polymers (and composites based on them) are the components that make up soft actuators,[1–3] devices,[4] and machines.[1,5–13] Structures that are planar or quasi-planar (for example the pneumatic networks, or “pneu-nets,” that serve as actuators for many soft machines,[7,8] grippers,[1] and robots[7,10,12]) can be easily fabricated by molding thermosetting elastomers against masters made using a three-dimensional (3D) printer.[1,14,15] Although 3D printing is a versatile methodology,[14–16] it is neither applicable, or impractical, as a method of making many types of 3D structures (especially in elastomeric materials); and even when applicable, it may be difficult or slow as a fabrication method and limited in the volume it can build. It is also complicated to use in making composite structures; especially when components of the composite (e.g., sheets of fabric or fiber) cannot be printed. We wished to develop a flexible method for fabricating 3D, composite structures in elastomers that circumvented the limitations of existing methods. We are especially interested in methods that can be used in rapid prototyping.

The approach we describe here uses elastomeric bricks—universal construction elements fabricated from elastomeric polymers—that can be clicked together to assemble many different elastomeric structures. We focused, for illustration, on rectilinear elastomeric bricks that had pegs and recesses similar to those used by Lego bricks: these features ensured the bricks were properly aligned. This approach is, however, not limited to this design, and many other shapes (e.g., tetrahedrons and other non-orthogonal polyhedras) and types of connections (e.g., ball-socket and other snap connectors) are possible. We fabricated the click-fit elastomeric bricks (“click-e-bricks”) using a single master, and assembled them into structures by hand.

Click-e-bricks make it possible to fabricate complex three-dimensional elastomeric structures that would be difficult or impossible to fabricate directly by molding (e.g., those with overhangs that contain more than one type of polymer, or those with non-moldable materials) or by 3D printing. In designing prototypes, these structures can be assembled, examined, tested, and disassembled, and the click-e-bricks can be reused to build new/different structures; if appropriate, liquid prepolymer can be applied to all or some of the interfaces between click-e-bricks, and cured, to make the assembly permanent and to construct airtight channels for pneumatic or hydraulic actuation. The ready availability of click-e-bricks, and of many other component-based building systems (tiles, rod-and-connector assemblies, and others), reduces the difficulties of making architecturally complicated—in terms of material and geometry—soft structures and machines,[1,2,7,8] and enables users efficiently to design, prototype, and evaluate a wide range of new soft structures and actuators including those with optical, electrical, and fluidic functionalities.

Click-e-bricks thus demonstrate a conceptually new approach to the fabrication of elastomeric structures, based on assembly of components fabricated using a single (or limited number of) master components (of one or multiple types). This strategy makes functional soft structures—including ones with complicated internal 3D architectures, composite structures, and non-printable components—easy to make, and because the structures can be assembled and disassembled, it is especially useful in rapid cycles of prototyping. We believe it is particularly appropriate for pneumatically actuated soft machines.[1,2,7,10,12]

We illustrate this strategy by assembling click-e-bricks to form simple soft structures and actuators with different sizes and shapes, and with internal channels that enable functions such as pneumatic actuation. Using click-e-bricks with optical, electrical, and fluidic function, we extend the capabilities of these soft structures while maintaining a system that is based on universal construction elements.

Most machines and structures (broadly defined) consist of a group of interconnected, interacting, or interdependent elements that together generate function. Examples of such systems, constructed of common elements, include buildings (which are constructed using bricks, beams, girders, windows, doors, electrical wiring, plumbing, networks, etc.) and automobiles (which use windows, sheet metal parts, gears, axles, wheels, electronic systems, and other standardized components). Here we focus on soft systems built from components with simple geometries and different mechanical, optical, and electrical properties that together give rise to useful function (e.g., actuation); we focus on elastomeric materials, since they are centrally important in the fabrication of soft systems of all types.

In mechanical systems, numerous varieties of “connectors” have been developed to hold individual elements together. For example, Lego bricks use a “snap” connector; other widely used
connectors include: ball/socket (as found in trailer hitches), hook/loop (as found in Velcro), interdigitated teeth (as found in zippers), and rods/connectors (as found in molecular modeling sets). Connectors insure proper function of a system by maintaining the appropriate architecture, and because many connectors are reversible, they enable easy modification of the system. Glues/adhesives/cements are used to reinforce connectors mechanically or, to form a permanent connection. By combining the concept of mechanical connection with brick-based construction, click-e-bricks form the basis for a broadly applicable method of fabrication of soft structures (and soft/hard composites).

Additive manufacturing (3D printing) is another technology that is being applied to the fabrication of 3D soft structures and soft/hard composites. The most advanced systems (Stratasys Polyjet technology, for example) can print structures using thermoplastics and elastomer “mimics,” and combinations of them, but the accessible range of materials properties (mechanical, optical, electrical, etc.) is limited, the build-volume is determined by the size of the instrument, and the process is slow (relative to the assembly of pre-fabricated components). Further, the elastomer “mimics” used are acrylonitrile-butadiene styrene, ABS) used in Lego bricks because this material does not deform (e.g., stretch, flex, compress) easily. Also, click-e-bricks have solid interiors, while Lego bricks are mostly hollow.

We have demonstrated a variety of soft machines and robots comprised of pneumatic, bending actuators (pneu-nets) arranged into architectures that enable function. We have fabricated pneu-nets using soft lithography that is, by casting thermosetting silicone elastomers against masters (usually) created using 3D printing. The roughly planar castings, which have the inverse of the topology of the masters, are stacked and sealed using liquid pre-polymer glue to yield functional devices. This approach has successfully generated soft robots capable of gripping, manipulation, locomotion, and concealment by camouflage, and of functions that combine these capabilities. There remain designs, especially those that combine multiple materials in 3D configurations, that are difficult or impossible to create using only soft lithography. Here we expand the types of 3D soft and soft/hard composite structures that can be easily made, emphasizing those generally useful to the field of soft machines.

Once the correct design of a “brick”—the elementary building block—has been settled upon, the bricks themselves can easily be made from many different materials by molding. The choice of material depends upon the intended function of the structures to be built from the bricks. Masonry bricks are rigid and are mostly used for structural support. By using elastomeric polymers as the materials for fabricating bricks—instead of rigid materials such as stone—we can integrate new properties, especially flexibility (e.g., the ability to bend, twist, and stretch) into the final assembly.

We fabricated rectilinear elastomeric bricks with peg/recess click connectors that were similar in function to—but different in important respects of design, fabrication, materials, and use from—Lego bricks. The most significant of these differences is the design of the click-e-brick recesses, which are cavities equal in size and shape to the pegs that fit into them (see Supporting Information (SI), Figure S1). In contrast, Lego bricks do not have recesses that inversely replicate the topography of the pegs; instead, the pegs in Lego bricks snap between the external walls of the bricks and sets of hollow cylinders located inside the bricks. The peg/recess design used for click-e-bricks would not work well with the rigid thermoplastic (acrylonitrile-butadiene styrene, ABS) used in Lego bricks because this material does not deform (e.g., stretch, flex, compress) easily. Also, click-e-bricks have solid interiors, while Lego bricks are mostly hollow.

We chose a click-e-brick design (see SI, Figure S1) based on the peg/recess connection because: (i) This type of connection is simple, reliable, and reversible. (ii) The peg/recess design is easily applicable to making electric and fluidic connections. (iii) The elastomeric bricks can be clicked together, using one or more pegs, depending on the structures. (iv) All elastomeric bricks are a two-dimensional array of the same elementary peg/recess connector (e.g., 1 × 1, 1 × 3, or 2 × 3). The last point is important for fabrication, because one large click-e-brick (e.g., a large 6 × 9 array, or a continuous sheet produced by reel-to-reel casting) can be cut to yield smaller click-e-bricks, or to create vertical through-holes, or to generate special purpose, non-standardized shapes. Aligning and stacking click-e-bricks with through-holes is a simple way to generate channels in extended 3D structures.

For applications where the structures assembled from click-e-bricks need to transport or hold fluids, the blocks must be glued together to prevent leakage of gas or liquid. We connected click-e-bricks permanently with liquid pre-polymer adhesives that, once cured, had mechanical strength similar to that of the bricks, and that generated structures that were indistinguishable, visually, from a single casting. The ability to connect bricks permanently or reversibly is a very useful feature of this approach.

We actuated the click-e-brick-based structures by inflating them, through a single inlet tube, with low pressure (<100 kPa) air. As a fluid, air is nearly inviscid, readily available, and does not significantly change the mass of the pressurized structure. This type of actuation was intended only to illustrate the sets of motion that can be achieved. We have not tried to optimize...
The click-e-bricks we describe here can be thought of as two-dimensional arrays of the same elementary unit (see SI, Figure S1a, b). This elementary unit consists of a cylindrical peg that is directly above a cylindrical recess designed to mate with the peg of another click-e-brick. Some or all of the pegs/recesses can be used to connect the click-e-bricks together (see SI, Figure S1c). To fabricate click-e-bricks we used a large master mold (fabricated using 3D printing) that forms a 6 × 9 rectangular array of the elementary brick units.[26] We filled the mold with a single material for homogeneous click-e-bricks, or layered different materials into the mold to create click-e-bricks (for example, to generate pegs/recesses that had mechanical properties different from that of the body; see SI, Figure S2).[26]

To generate click-e-bricks of various dimensions and numbers of pins, we cut the master click-e-brick into smaller dimensions using a razor blade (see SI, Figure S3).[26] The ability to create click-e-bricks of desired (and arbitrary, in the plane of the original sheet) dimensions by cutting a master click-e-brick accordingly is another useful feature of soft elastomers.

To prototype soft structures with click-e-bricks, we assembled them into basic structures; when appropriate, we disassembled them and reused the same click-e-bricks to build different structures. Once a structure with the desired characteristics was built, we fabricated the final, permanent version by “gluing” together the click-e-bricks. Following this approach we fabricated a set of structures that demonstrate the four most basic mechanical deformations possible with click-e-bricks (Figure 1): the click-e-bricks can be bent (Figure 1a, b), twisted (Figure 1c), stretched (Figure 1d), and forced to accommodate extra planes (e). In all cases the photographs are accompanied by a schematic illustration showing the types and numbers of click-e-bricks used in the structure. (a, b) Two different examples of planar walls that can be bent and joined at their ends to form cylinders. The size and curvature of the cylindrical walls can be adjusted by combining click-e-bricks of different dimensions. In each case the axis of bending is parallel to the peg/recess axis. (c) A string of click-e-bricks is held vertically by a clamp and twisted 630°. The axis of twisting is perpendicular to the peg/recess axis. (d) A string of click-e-bricks is stretched perpendicular to the axis of the peg/recess. (e) An extra click-e-brick is inserted between two layers to create an extra plane. (f) A click-e-brick ring with a full 360° twist. (g) Structure consisting of two arches. The axes of bending are perpendicular to the peg/recess axis. All scale bars are 1 cm.

It was also possible to combine more than one deformation in a single structure. For example, by bending and twisting strips of click-e-bricks, we created a circular bilayer with a full 180° of twist along its circumference (Figure 1f). Mobius structures are also possible and only 0°, 90°, 180°, or 270° of twist are needed. In addition, by bending click-e-bricks about axes orthogonal to the axis of the peg/recess (see SI, Figure S1a), we created a self-supporting structure from two arches (Figure 1g).

We glued a specific set of click-e-bricks together with liquid PDMS pre-polymer to create inflatable structures (Figure 2).[26] For this function the glue was necessary to create air-tight seals between the click-e-bricks. We began with hollow cubes, because they are the simplest hollow structures to fabricate using rectangular click-e-bricks. The cubes were assembled layer-by-layer (Figure 2a, b) using a design that ensured that the vertical seams of each layer did not line up. This type of registration was important for creating cubes with air-tight vertical edges.

We controlled the direction and magnitude of expansion by patterning click-e-bricks of different Young’s moduli into the
Although these structures shared the same cubic shape when in the previous cube—with click-e-bricks made of PDMS—middle layers—fabricated entirely from Ecoflex click-e-bricks—is necessary to differentiate the bricks optically (Figure 2a-c). We fabricated different cubes by replacing portions of the three layers of the click-e-bricks (under illumination with UV light) high-fluorescence pre-polymer used to cast the click-e-bricks). The fluorescence of the click-e-bricks was used for fabricating the structures shown in panel c and panel g. Gray is PDMS and white is Ecoflex. (b) Schematic illustration of the layer-by-layer assembly of the cube in c. (e-g) Schematic illustration of the click-e-brick layers as viewed from the top (e) and the stacking of these layers (f) for fabricating the cross-shaped structure shown in g. (c-g) Click-e-brick-based actuators when no net pressure was applied to the interior of the hollow structures (top panels), and when a net positive air pressure was applied (bottom panels). In all cases, pressurized air was applied via a single tube routed through one of the walls of each structure, and the click-e-bricks were glued together by applying and curing liquid PDMS or Ecoflex pre-polymer at their interface. All scale bars are 1 cm (ΔP = 40 KPa = 0.4 atm of applied pressure).

walls of the cubes. When we pneumatically actuated a hollow cube assembled from four layers of Ecoflex click-e-bricks, and a bottom click-e-brick made of PDMS, the cube expanded into a spheroid pinned by the PDMS base (Figure 2a-c, and see SI, Video S1; here we added fluorescent dye to the PDMS pre-polymer used to cast the click-e-bricks). The fluorescence of the click-e-bricks (under illumination with UV light) highlights their deformation during actuation—click-e-bricks do not need to be colored, but this property could be useful when it is necessary to differentiate the bricks optically (Figure 2a-c). We fabricated different cubes by replacing portions of the three middle layers—fabricated entirely from Ecoflex click-e-bricks in the previous cube—with click-e-bricks made of PDMS. Although these structures shared the same cubic shape when not actuated, they expanded into different shapes (e.g., a wedge, see SI, Figure S4a-c, Video S2; and an elongated rectangle, see SI, Figure S4d-f, Video S3) when inflated pneumatically, where the anisotropic expansion depended on the organization of the click-e-bricks in each layer. This approach can be extended to the fabrication of other rectilinear structures. For example, we constructed a cross-shaped structure (Figure 2d-g) by gluing together a set of rectangular click-e-bricks. When pressurized, the cross-shaped structure expanded into a convex cylinder (Figure 2g and see SI, Video S4).

We also created more complex multi-chamber systems (which approached some of the desired functionalities of soft machines) using click-e-bricks. For instance, we cut out portions of click-e-bricks (Figure 3a, b), aligned, stacked, and glued them together to form independently addressable chambers within the assembled structure (Figure 3c)[26] Using this approach, we constructed a tentacle-like soft machine with four independent chambers (Figure 3c) and demonstrated bending motion with four degrees of freedom in three-dimensional space (Figure 3d, and see SI, Video S6). Soft machines of this type may be used to manipulate objects.

In another demonstration of the functionality possible with multi-chamber systems, we fabricated a soft machine that is capable of locomotion. In this demonstration we again formed four independently addressable chambers by cutting out portions of click-e-bricks, and aligning, stacking, and gluing them together (Figure 4a-c). This structure had fewer layers and a near regular octagonal cross-section (Figure 4b). These choices in design made possible a type of locomotion that occurs via a series of controlled rolls (Figure 4d, Video S7). To achieve this motion we inflated the chamber opposite the desired direction of travel, followed by the chamber contacting the ground. This sequence shifted the center of gravity and caused the whole device to roll. This demonstration illustrates an advantage of fabricating soft machines using click-e-bricks: by modifying the geometry, number, and material of the click-e-bricks used in a device, distinct and useful functions (manipulation and locomotion) can be achieved.

We can incorporate overhangs into these structures that would be difficult to produce in a single molding step. To illustrate this concept we fabricated a structure with an overhang protruding from each of its vertical faces (Figure 5a-c, and see SI, Video S8). These overhangs may be used as attachment points for click-e-bricks or other structures with other properties or other geometries (Figure 5d, e, and see SI, Video S9). Overhangs also enable complex architectures that combine inflatable structures of different shapes, with distinct motions, by providing multiple sites for overlapping connection. They may also provide positions for reversible structural additions even if the majority of the click-e-bricks in the structure are permanently connected.

Overhangs can also be used to secure deformed rectangular click-e-bricks, into non-rectangular (e.g., triangular) conformations for fabricating structures of different shapes that are not naturally allowed by the square array of pegs/recesses. This capability enables click-e-bricks to access a larger number of structures, including those expected from shapes with non-orthogonal faces. For example, we assembled three walls of a cube as before, but instead of completing the structure with a...
fourth wall (satisfying the natural geometry of the rectangular click-e-bricks), we bent the incomplete edges together and used the overhangs to secure them to one another (and thus formed a prism, Figure 5f-i). When pressurized the prism expanded into an ellipsoid (Figure 5j, and see SI, Video S5).

We are not limited to rectangular click-e-bricks, and it is easy to extend our approach to click-e-bricks of different shapes such as circular click-e-bricks (Figure 5k-m). Using these structures, and incorporating in each layer a brick with greater stiffness than the others, we fabricated a cylindrical structure that both elongated and twisted upon pneumatic pressurization and inflation (Figure 5n). The structure was made of layers of Ecoflex-based click-e-bricks with PDMS-based click-e-bricks inserted in each layer such that they formed a helical path along the vertical wall of the structure (Figure 5m, and see SI, Video S10).
of materials used in this structure would be difficult to fabricate via molding or printing. The motion is appropriate for applications where small manipulations are desired (e.g., repositioning a mirror).

We also fabricated click-e-bricks that can transmit and diffract light and, used these click-e-bricks to build structures with optical functionality. To demonstrate this capability, we fabricated a cube from a set of click-e-bricks that included standard PDMS click-e-bricks and one diffractive click-e-brick (Figure 6a, b). To fabricate the diffractive click-e-brick, we replicated the topographic features of a two dimensional diffraction grating on one of the walls of a pre-fabricated PDMS click-e-brick using soft lithography (see SI). We directed a red laser through the finished structure along the surface normal of the diffractive click-e-brick and observed the position of the $n = 0, 1,$ and $-1$ diffraction orders on a screen (Figure 6c). We then deformed the structure by applying pressure to its interior causing the diffractive click-e-brick to bow outward, increasing the distance between the grooves (the periodicity) of the grating. This increase in the periodicity of the grating decreased the distance between diffraction orders observed on the screen (Figure 6d, e, Video S11). This observation is consistent with a decrease in the angle of diffraction that is expected when the period of the grating is increased (as described by the equation for a grating, $n\lambda = d\sin\theta$, where $n$ is the diffraction order, $d$ is the period of the grating, $\lambda$ is the wavelength, and $\theta$ is the angle of diffraction). The transparency of PDMS in the visible spectrum was essential for this demonstration.

We have mainly focused on the mechanical properties of click-e-bricks and the advantages these properties offer to the fabrication of pneumatically actuated soft structures and machines, but click-e-bricks with additional capabilities can be produced and used to increase the range of functions these devices can achieve. To explore this concept, we demonstrated that the peg/recess connectors used to assemble click-e-bricks may also be used to transport fluid and conduct electricity between the bricks (Figure 7). In these demonstrations we chose not to glue the click-e-bricks together so that the fluid and electronic circuits could be reconfigured. For example, using click-e-bricks with vertical microchannels and inlet/outlet tubes, we assembled a serpentine fluid path (Figure 7a, b, d) between click-e-bricks that was easily reconfigured to a closed loop and straight path by rotating one click-e-brick (Figure 7c, e, Video S11). To demonstrate the ability...
This paper demonstrates a versatile method—using click-e-bricks—that enables the fabrication of 3D, composite structures in elastomeric polymer that would be difficult, time consuming, or impossible to generate using printing or molding techniques. The approach, which relies on the combination of prefabricated click-e-bricks with different properties, is a simple way to achieve these structures, even when complex architectures (e.g., overhangs) are required, because it decouples the details of geometry and composition associated with the final structure from the constraints imposed by the techniques used to generate the click-e-bricks—printing and molding in this case, but the same could be said regardless of the exact method.

Click-e-brick-based fabrication makes possible the exploration of soft structures and actuators useful to the functions of soft devices and machines that were previously inaccessible. These structures can be rapidly assembled, reconfigured, and (if required for their operation) made permanent by “gluing” together the click-e-bricks; this ease of fabrication enables rapid iterations of design useful to prototyping. With further development on the materials used to fabricate click-e-bricks—for example the use of thermoplastic elastomers instead of PDMS or other silicones as adhesives—it may be possible to assemble (and disassemble) air-tight click-e-brick structures rapidly using heat. We have focused on the mechanical properties of click-e-bricks important to the actuation of soft machines, and illustrated fabrication methods based on click-e-bricks that enable users to add or subtract other properties (e.g., optical, electrical, fluidic) to and from these structures by choosing (or fabricating) and combining click-e-bricks with desired attributes. The examples illustrated so far are centimeter-scale structures, but with further development to the size, geometry, and other properties of click-e-bricks—which certainly are not limited to the physical designs, or selections of materials, we have used in this demonstration—this strategy can be extended to fabrication at smaller or larger length scales. The latter is a key limitation of 3D printed molds/parts, which cannot exceed the volume of their build space and take hours or days to produce when they are large. Click-e-bricks do not have this limitation and large structures (Figure 1g, 3c, 5n) are readily produced in relatively short periods of time.

The techniques we have demonstrated are complementary to additive manufacturing (3D printing)—click-e-brick fabrication can be automated using assemblers to pick and place the click-e-bricks, and extruders to deposit glue, to provide capabilities of multimedia/function not presently available in 3D printing. Click-e-bricks are standardized components that are easily produced in large quantities, and so benefit from the capabilities associated with economies of scale. They offer the ability to integrate multiple functions (for example electrical, optical, and fluidic), into functional elastomeric structures fabricated from universal elements. The benefits of large-scale, modular systems have been demonstrated by Corning’s Advance-Flow Reactors, and click-e-bricks can bring such capabilities to the fabrication and application of soft structures. Click-e-bricks also provide a bridge between the techniques of photolithography, soft lithography, and 3D printing: any combination of these techniques can be applied to the fabrication of the bricks and then their manual or automated assembly used to fabricate multi-functional soft structures. This approach also brings the unique characteristics of elastomers to the field of fabrication of 3D structures.

This approach is a new direction in fabrication of soft structures that will be useful for soft machines, and more
generally in those fields (e.g., digital \[20,21,28\] or additive manufacturing \[15,16\]) concerned with the fabrication of 3D, composite structures. In the future it may also be possible to combine the concept of click-e-brick-based assembly with evolutionary algorithms that exploit non-linearities in the mechanics of these structures on inflation to arrive at optimized structures that are functional, though not necessarily intuitive \[23\]

Click-e-bricks may also serve as the first step toward self-reproducing soft machines. As illustrated in hard robotics, modular robots with the ability to connect/disconnect and transfer power and information between one another are able to produce free standing copies (replicates) of themselves. \[29\]

Essential to this process of self-reproduction is a modular system of components (actuators, power sources, etc.) that may be easily reconfigured. Though the click-e-bricks demonstrated here are still simple, with evolution, a more advanced system of soft robotic bricks could achieve functions as advanced as self-replication. At this point in development, soft machines (e.g., a manipulator, Figure 3) capable of assembling click-e-bricks to form other soft machines are perhaps more readily achievable.

Experimental Section
Please see Supporting Information.

Supporting Information
Supporting Information is available from the Wiley Online Library or from the author.

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[26] See supporting information for more detail.

